

Patricia Holden, M.A., M.F.T.
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PROFESSIONAL CLINICAL EXPERIENCE

Private Consulting Practice

2002-current

- Psychotherapy practice working with children, adolescents, adults, and couples
- Educational evaluation and treatment for learning/career issues
-Adolescents & Adults
- School liaison, consultation, and teacher training

Learning Services Consultant

2007-2008

The Laurel School, San Francisco, California

- Clinical team member, educational assessment, teacher training, curriculum development for elementary and middle school students
- Autism spectrum disorder, developmental, and emotional issue diagnosed students

Director of Learning Services

2005-07

The Bay School, San Francisco, California

- Program development for new independent high school
- Administrative counseling team, teacher consultation, parent counseling
- Adolescent brief counseling for academic stress, anxiety, classroom problems
- Solution focused academic remediation in reading/writing/organization
- Bi-lingual and multi-cultural treatment planning and educational resources
- Faculty and parenting presentations

Educational Evaluations/Treatment

2000-02

Internships

- Reed District Schools, Tiburon, California
- St. Rita School, Fairfax, California
- Malcolm X Elementary & Middle School, Berkeley, California

Family/Individual Staff Therapist

1978-80

Marin Community Mental Health, Mill Valley, California

- Intern: outpatient adult, child, & adolescent therapy
- Marin Community Mental Health, Greenbrae, California
- Crisis Counselor: Marin General Hospital Crisis Unit
- Veteran's Administration Hospital, San Francisco, California
- Intern: led therapy groups, conducted psychological testing, treatment planning

Research Associate

1978-80

University of California, San Francisco, California

Human Development Doctoral Program

- "Stress & Coping After Divorce" (NIMH Grant)
- Research design, methodology, analysis, and publications

Special Education Teacher

1974-76

The Independent Learning School, Corte Madera, California
Challenge to Learning, San Francisco, California

Mailing Address: P.O. Box 204, Tiburon, California 94920

PROFESSIONAL AFFILIATIONS

Psychotherapy Research Group	2010-current
Association of Family Therapists of Northern California	2008-current
American Psychological Association	2005-current
Local Chapter: Marin County Psychological Association	
Association of Educational Therapists	2001-2010
California Association of Marriage/Family Therapists	2001-current
Local Chapter: Marin CAMFT	

RECENT WORKSHOPS & PRESENTATIONS

“Using Motivational Interviewing with Reluctant Learners”	January 2010
Assn. of Educational Therapists/Educators in Private Practice	
“Family Dynamics & Learning Issues”	September 2009
California Association of Marriage/Family Therapists	
“A Developmental Look at Executive Functioning”	January 2009
Mill Valley Public Schools, Mill Valley, California	
“Evidence-Based Strategies for Children with ADHD”	Winter 2008
Laurel School, San Francisco, California	
“Helping Kids Learn at Bay”	Fall 2005 & 2006
The Bay School, San Francisco, California	

RECENT PUBLICATIONS

“The Educational Therapist” Journal	Regular Contributor	2007-2010
Marin County Psychological Association	Newsletter Article	May 2008
The Mill Valley Herald	Education Columnist	2002-2003

EDUCATION/LICENSES/CERTIFICATION

California License	Marriage & Family Therapist MFC 13146	1978
	<u>Degree Programs</u>	
San Francisco State University, San Francisco, California	▪ Educational Therapy Certificate	2002
Lone Mountain College (University of San Francisco), San Francisco, California	▪ 1978 Masters of Arts, Clinical Psychology	
Western Illinois University, Macomb, Illinois	▪ 1974 Bachelor of Science, Psychology	
Illinois Credential	Learning Disabilities Teaching Credential	1974
	<u>POST-GRADUATE COURSEWORK</u>	
Argosy University, Psychology Doctoral Program, Alameda, California	▪ Child Assessment	2007
University of California, Berkeley Extension	▪ Professional Certificate Programs in Behavioral & Health Sciences	2002-current
University of California, Berkeley, California	▪ Advanced Reading/Literacy Assessment	2000
University of California, San Francisco, California	▪ Human Development Doctoral Program	1978-80